

WNSL Girls Flag Football League (FFL)

Frequently Asked Questions

If you have a question, start here. If you still cannot find your answer on this page, e-mail scott@wnsl.net

Sign-Ups, Cost and Division Questions

When can we register? Registration is open through Early August.

How do I register and pay online? Go to www.wnsl.org and click on one of the sports you would like to register for. Once on a sport-specific page, log into your WNSL account (see the Login button on the right side of the screen). Once logged into your account, click "Register Now" in the top left corner to select the sport you would like to register your child for. If you do not have a WNSL account, click the "Register" button on the right of the screen to register/create an account. You will then "Add Participants" to your account and select which sport(s) you would like to register them for.

What if I do not want to register online? You can download a paper registration form on the Flag Football page at www.wnsl.org. You may mail it in with a check but there will be a \$10 paper registration fee as indicated on the application.

What if I forget to register? After the initial registration deadline the price to register increases and is only available on a case by case basis. Players will be added to existing teams or new teams created if the need arises.

Do you give refunds if my child decides not to participate? Refunds are only given with a Doctor's excuse and cannot play due to injury (minus a \$35 processing fee). Registrations may be transferred to another sport up until the time the uniforms are ordered. After uniforms are ordered no refunds or transfer of registration fees are available. Make sure you register for the correct league.

What are the age divisions? We have 6 divisions:

Pre-Kindergarten/Kindergarten
1st/2nd Grades
3rd/4th Grades
5th/6th Grades
7th/8th/9th Grades
10th/11th Grades

Why did the divisions change from being based on age to being based on grade? Due to the amount of requests for players to be transferred in order to play with classmates, the WNSL decided to base the divisions on grade level instead of age. However, the WNSL holds the right to move a team up a division, if two or more of its players are much older than the average age of the players in the division.

Are players allowed to play up or play down? Players are allowed to play up a division. However, players must have approval from Scott Tygard (scott@wnsl.net) in order to play down.

If my player is not on a preformed team, how and when will I know which team he/she is on?

Individuals not on a team (Free Agents) will be contacted by their coach following the Coaches' Meeting in Mid-August

Can a player play on two teams? A player cannot play on two teams in the same grade. A player may, however, pay two registration fees and play up for his second team. Example: A third grader may play on both a third grade and a fourth grade team.

What Happens if There are not Enough Girls Teams in my Division? The WNSL will play Girls teams against some boys teams of similar ability to increase the variety of teams in the division.

How much does it cost? Varies from \$130-\$150 depending on Division.

What is included in the registration fees? Jamboree on August 28th, 7 games, end of season tournament, referees, insurance, newsletter, website, excellent fields, all equipment such as pylons, flags, and sportsmanship trophies for some teams.

How do you form teams? The WNSL is open to full teams, partial teams and free agents. All players are welcome to request a coach on their registration, however, this is just a request -- there is no guarantee that the participant will be placed on the team they request. We try our best to accommodate requests, however, coaches with pre-formed or partially formed teams submit rosters with the players they intend on playing on their team. We go by this roster first. Players not on a pre-formed team are free agents and we work to place them on a team with classmates/players from their area or create an entire team from free agents.

How many players are on a team? Pre-K & K play 5 on 5, so they will have 6-8 players on average to a team. All other divisions play 7 on 7 and average 8-10 players per team.

Coach-Related Questions

Who coaches the teams in the FFL? The WNSL relies on volunteers to coach. Some teams bring coaches with them and often parents coach. If you are interested in coaching or being an assistant you may indicate this on the "Volunteer" portion of the registration site.

How are coaches certified? Coaches are screened at the Coaches' Meeting and sign a "Code of Conduct" as well as complete a background check.

How does a parent notify the league that he or she would like to coach or be a team parent? During the online registration process there is a "Volunteer" page. Click on the volunteer position you would like (Coach, Assistant Coach or Team Parent) and fill out the requested information. You will then be assigned to your child's team once the registration process is closed.

Once I register, how long will it be before I hear from a coach? The coaches' meeting is held in mid-August to finalize all rosters. After that meeting a coach will be in touch with you.

How do you come up with team names? The coaches determine team names. Team names can be NFL teams, generic names (such as Road Runners) or school names (with permission from school).

Weather, Fields, Opening Day, and FFL Basics

What type of flag football league does the WNSL offer? The WNSL feels all youth sports should be recreational in nature yet also competitive. The sports program is not a babysitting service but it is a league that does not encourage a win-at-all-cost attitude. Sportsmanship, camaraderie, fun and learning the game are the most important aspects of our flag football league. The WNSL feels that the casual recreational player as well as the more serious competitive player will both be accommodated. In short, the WNSL wants players of all different levels to have fun, excel and feel good about what they are doing.

How long does the season last? The flag football season kicks off in early September (See the site for details) with an Opening Day Jamboree and an Opening Day Photo Day. Games are played every Saturday throughout the day with the season ending in early November with Music City Flag Bowl.

What is the Opening Day ceremony and when is it? The Opening Day is a fun-filled day surrounding their first game. Players will receive their uniform, take individual and team photos and be able to participate in various activities around the park.

Does the league provide photos for teams and individuals? A photographer is present at the Opening Day celebration to take team photos and individual photos. Each team is given a time slot on that day to get their photos taken. The photographer has various packages available. Payment is due on the day the photos are taken and coaches are notified when photos are ready to be picked up. Photo package options are given out at the Coaches' Meeting so parents can become familiar with available options.

Where are the games played? All games are played at the Warner Park Complex (Vaughn Road and Old Hickory Blvd.)

What happens in case of inclement weather? Are games rescheduled? How will a parent/coach know if games are canceled? Due to Metro Parks policy, games cannot be played when there is standing water on the fields. This is to protect the fields as well as protecting the players from injury. Games may be rescheduled for weekdays. If games are canceled there will be a notice on the homepage of www.wnsl.org as well as a message stating games have been cancelled at 615.376.4700.

When and how often do teams practice? Teams usually practice once per week, however, practice frequency and location is determined by each coach. Official WNSL practice begins after the Coaches' Meeting. Practice time slots will be given out at the Coaches' Meeting.

How many players are on a team? The WNSL flag football league is 7 vs. 7. (Pre-K/K Plays 5 vs. 5) Ten players is an average number per team, though some coaches may choose to have more or less.

What equipment does my player need? Players are required to have a mouthpiece and shorts with NO POCKETS. Cleats for youth football (Plastic spikes) are recommended but tennis shoes are OK.

Does WNSL provide referees for games? Yes. Trained referees are provided for every game played.

Are there different rules for different divisions? Yes, review the rules on the Flag Football page of www.wnsl.org.

Does WNSL post standings? No, the WNSL does not provide standings for we do not want to promote over the top competitiveness and focus on the "Love of the Game" instead. If a tournament is held at the end of the season we will post scores for these games.

Is there a Postseason Tournament? Yes. Since there are no regular season standings, the tournament matchups are created through a random draw at the end of the season.

Sponsorships and Financial Assistance

Why is each team asked to have a \$250 Team Sponsor? Team Sponsors help cover the cost of scholarships, field maintenance and keep registration fees as low as possible.

What does the \$250 fee include? The team sponsor logo will be present on that team's jersey. They are also welcome to set up a booth/table at the Opening Day to pass out promotional items. In addition, they will have their logo in the Flag Football times newsletter distributed to all participants.

What if I am interested in sponsoring a team or the league? Please let your participant's coach know and then contact scott@wnsl.net.

Are there any opportunities for corporate sponsorships (other than the team sponsorships)? Yes. The WNSL offers corporate sponsorships for each individual sport, as well as the overall league. We also offer corporate sponsorships of our preseason and postseason basketball tournaments. You can see all opportunities under the sponsorship link at www.wnsl.org.

Does the WNSL provide financial assistance or scholarships? Yes. If you are in need of a full or partial scholarship, fill out and submit the financial assistance information at www.wnsl.org. Someone will be in touch in regards to the amount of financial assistance available for your participant.

Miscellaneous Questions

Are end of season trophies presented to the league champions/runners up? The Flag Football League does not award Championship and Runner-Up trophies to teams. We like to keep the focus on purely the Love of the Game. We do give out "Love of the Game" sportsmanship trophies to teams that exemplify good sportsmanship throughout the season. Medallions are given out to players if requested by the head coach.

What is the difference between WNSL and other flag football leagues? The West Nashville Sports League is a top-notch youth sports organization that emphasizes all players valuing the pure love-of-the-game over a winning-at-all-costs attitude. We work hard to keep everyone heavily involved in the community by promoting and being involved in local organizations, colleges and events. Providing fun Opening Day kickoff events, the best field conditions possible, certified referees, excellent communication to all participants, parents and coaches and an informative and user friendly website, the WNSL goes above and beyond to create a memorable and positive experience for all involved.